



Quality care for every stage of life

At Optum, we understand that women have unique health needs. Our care team will be with you every step of the way. Whether you're a teen or facing menopause, we offer care specific to your needs.

Wellness for teens

The teen years include learning how to make good health choices and take care of yourself. The American College of Obstetricians and Gynecologists suggests having a first gynecology visit between ages 13 and 15.

Family planning, birth control and everything in between

The choice to have children is personal and can also feel overwhelming. We'll help you figure out what's best for you. Then we'll help you create a plan that fits your goals and life. We also offer infertility counseling.

Pregnancy care

We offer prenatal and postpartum care. We also care for women with a higher chance of pregnancy problems (high-risk pregnancy). Our team can answer questions about:

- Self-care
- Genetic testing
- Breastfeeding
- Mental health
- What to expect before, during and after pregnancy

Aging well

Your body goes through changes as you get older. These changes can be hard physically and emotionally. The good news is that you don't have to go through any of it alone. Our team is here to help. We offer services designed to help you before and after menopause.



Learn more
smalv.com/obgyn

Optum

 Southwest Medical®
Part of Optum

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Optum

 Southwest Medical®
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Women's health care

Complete care tailored to your needs



Dedicated to providing the best possible care and focusing on your health

Routine care

- Pap smears and pelvic exams
- Sexually transmitted infection (STI) care and counseling
- Sexual health, birth control and counseling
- Gender-affirming care

Women-specific needs: menstrual and bladder care

- Premenstrual syndrome (PMS)
- Hormone therapy
- Problem peeing (urinating)
- Endometriosis (when cells grow outside the uterus)
- Painful periods
- Menopause
- Polycystic ovarian syndrome (PCOS)
- Period problems without surgery
- Prolapse (when part of your uterus or vagina falls out or sticks out)
- Ultrasound

Pregnancy

- Prenatal care to help keep you and your baby healthy
- Infertility testing and counseling
- Pregnancy with higher chance of problems (high-risk pregnancy)
- First-trimester bleeding
- Delivery at hospital
- Ultrasound
- C-section

Surgery and minor operations

- Noninvasive surgery on the lining of the uterus (endometrial ablation)
- Surgery to remove the uterus (minimally invasive hysterectomy)
- Incontinence and bladder repair (can't hold bladder or bowels)
- Fallopian tube sterilization
- Robotic surgery
- Hysteroscopy
- Diagnostic laparoscopy
- LEEP and CKC for precancerous cervical cells
- Cervical biopsy (tissue sample)
- Prolapse surgery

Birth control counseling with options including, but not limited to:

- Intra-uterine devices (IUDs)
- Arm implant (NEXPLANON)
- Vaginal ring
- Shot (injection called Depo-Provera)
- Patches
- Pills

Offices

1. 2600 S. Decatur Blvd., Las Vegas, NV 89102
1-702-877-8690, TTY 711
2. 7061 Grand Montecito Pkwy.
Las Vegas, NV 89149
1-702-750-3722, TTY 711
3. 420 N. Nellis Blvd., Las Vegas, NV 89110
1-702-641-3212, TTY 711
4. 2704 N. Tenaya Way, Las Vegas, NV 89128
1-702-243-8500, TTY 711
5. 2845 Siena Heights Dr.
Henderson, NV 89052
1-702-617-1227, TTY 711



Call to schedule an appointment
1-702-877-5199, TTY 711

