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## Optum Cancer Care

Precision medicine program through the  
Research and Clinical Trials department

# Optum



## Our patient-specific approach to care

Using a patient's health information can help in their care. We can also use their genetic profile. This is called personalized medicine. It guides decisions about stopping, finding and caring for illnesses.

Our program is made just for you and your health needs. We combine clinical trials with other care services. A clinical trial is a research study that tests new drugs or types of care on patients. This includes healthy food planning and special care for pain and stress. It also includes physical therapy, which cares for pain and weakness through exercise. Our goal is to improve all parts of your health during your cancer journey.

## The power of our three P's

- **Purity of thought:** Offer advanced medicine to create personalized care plans
- **Power of preservation:** Use the latest technology to lower harm.
- **Purpose:** Help patients find hope by focusing on mind, body and soul.

## How our program works:

1. First, your doctor will send a blood or tissue sample to study your cancer.
2. Next, we'll match that with the latest care choices and studies.
3. We'll bring the clinical trial to you within 2 to 3 weeks.

We'll work with you to keep your mind and body well. This is how you stay healthy and hopeful throughout your journey.

## Precision medicine goals

This program gives our patients choices for:

1. New personalized therapies that aren't yet offered to the public
2. Cost-effective care choices
3. Individualized food plans to get the best care
4. Finding the best care plan when we don't know where the cancer started
5. Finding new cancer before it shows up on scans
6. Measuring your chances of getting cancer
7. Therapies that help predict the chance of recovery or no action results
8. Getting the latest cancer therapies quickly
9. Physical, spiritual and social support during cancer care